EVERYTHING BAGELS

FEELS LIKE HOME

METHOD

- Place flour, brown sugar, and salt in the bowl of a stand mixer fitted with a dough hook.
- Sprinkle yeast over warm water in a separate bowl and let it froth up for a few minutes.
- Add water and yeast mixture to the stand mixer and mix on medium speed until dough forms together.
- Place dough in a greased pan, cover, and let it rise for 1 hour.
- Divide dough into 6 pieces, shape into a bagel shape, and place in refrigerator for 1 hour up to 24 hours.
- Boil water in a large pot with 1/4 cup of brown sugar.
- Preheat oven to 450 degrees F. Drop each bagel into boiling water and boil for 30 seconds on each side.
- Remove and place on a sheet tray lined with parchment paper.
- After each bagel has been boiled, brush with egg whites over the top of each bagel and sprinkle with Everything But the Bagel seasoning.
- Bake for 14-15 minutes. Bagels should be golden brown all over. Bagels can be stored in an airtight container.

Enjoy!

INGREDIENTS

8 oz Whole wheat flour

8 oz Bread flour

1/4 cup + 1 Tbs Brown sugar

¾ tsp Yeast, instant dry

6 tsp Salt

1 Egg white

"Everything But the Bagel" Seasoning

